



Treating without pain

Speaker: Alison Taylor

**Royal Hotel
Carlton**

Bologna

NOVEMBER 19th - 20th 2022

SATURDAY, NOVEMBER 19TH

- 09:45** Registration
- 10:00** Introduction to the concepts of:
Pain- and the 6 physiological layers.
Elastic Therapeutic Tape, “MWM”
(mobilization with motion), Cupping,
IASTM, Focal Vibration
- 10:30** Applications to the Hand-Skin,
Swelling, Scar and Sensation with
hands-on LAB
- 11:00** Concepts of Muscle Imbalance and Joint
Alignment in the UE
- 11:30** Coffee break
- 11:45** Finger Fractures and Injuries-LAB
- 12:15** Hand Fractures and Injuries-LAB
- 12:45** Light lunch
- 13:45** Wrist Fractures and Injuries
(DeQuervain’s, ECU Tendonitis, TFCC)
with hands-on LAB
- 14:45** Elbow Fractures and Injuries (Tennis
Elbow, Dislocation, fractures) with
hands-on LAB
- 15:45** Coffee break
- 16:00** CMC OA, Carpal Tunnel with hands-on
LAB
- 17:00** Q & A
- 17:15** Conclusions

SUNDAY, NOVEMBER 20TH

08:45 Registration

09:00 Review of Concepts

09:15 Shoulder Tendonitis and pain: what is going on? Concepts of Muscle Imbalance and Joint Alignment, Anatomy, Restoring Balance, Joint Mobilization, Taping- Muscle and Joint

10:45 Coffee break

11:00 Elbow Tendonitis and Pain: what is going on? Advanced Concepts of Muscle Imbalance and Joint, Alignment, Anatomy, Restoring Balance, Joint Mobilization, Taping- Muscle and Joint

12:30 Light lunch

13:30 Wrist Tendonitis and Pain: what is going on? Concepts of Muscle Imbalance and Joint Alignment, Anatomy, Restoring Balance, Joint Mobilization, Taping- Muscle and Joint with hands-on LAB

14:15 Hand and Finger Pain: what is going on? Concepts of Muscle Imbalance and Joint Alignment, Anatomy, Restoring Balance, Joint Mobilization, Taping- Muscle and Joint with hands-on LAB

15:00 Coffee break

SUNDAY, NOVEMBER 20TH

- 15:15** Thumb Tendonitis and Pain: what is going on? Concepts of Muscle Imbalance and Joint Alignment, Anatomy, Restoring Balance, Joint Mobilization, Taping- Muscle and Joint with hands-on LAB
- 16:00** Current Techniques-Cupping, IASTM, Sensory Reeducation
- 16:45** Wrap up, Research Discussion, Summary, Questions
- 17:00** CME evaluation and conclusions

GENERAL INFORMATION

CONGRESS VENUE

Royal Hotel Carlton
Via Montebello, 8
40121 Bologna
www.monrifhotels.it

REGISTRATION

The congress is reserved for 50 participants.

Registration fee:

Early bird until October 20th

Only for AIRM Members

€ 350,00 22% VAT included

Regular fee from October 21st

AIRM Members and Not AIRM Members

€ 450,00 22% VAT included

Registration includes:

congress kit, access to scientific sessions, certificate of attendance, CME certificate (for those entitled to obtain it), coffee break, light lunch.

The registration form is available on the website:

WWW.MCRCONFERENCE.IT

How to register: participants are requested to complete the online form. As soon as availability is confirmed by the Organizing Secretariat, a copy of the payment must be provided to have the final registration confirmed.

Official Language: English

Simultaneous translation - English/ Italian

CME CREDITS

Provider C.M.E. **MCR Conference Srl** ID 489

N. 13,8 assigned credits

Profession: Physiotherapist

Profession: Occupational therapy

Mandatory conditions to have the CME certificate issued:

- *correspondence of the participants' profession/discipline to that of the accreditation*
- *at least 90% participation in the scientific sessions*
- *delivery of the assessment and evaluation tests duly filled in 75% of correct answers are required to pass the assessment test.*

SCIENTIFIC SECRETARIAT

Stefania Paparo

Italian Certified Hand Therapist

AIRM Secretariat

(Italian Association of Hand Therapy)

Crema - Italy

SPEAKER

Alison Taylor

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ORGANIZING SECRETARIAT



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